

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM | Marathon | M/W | AK | Verein |
|-----------------|------------------------|--------|---------------|-----------------|----------|----------|----------|---------|----------|---|
| 48-Stunden-Lauf | | | | | | | | | | |
| 1. | Dominic Henzler | 159 | 309,57 | 47:47:19 | 00:18:01 | 12:21:00 | 04:13:09 | (1. M) | (1. M35) | LSG Karlsruhe |
| 2. | Michael Vorwerg | 141 | 274,52 | 47:47:52 | 00:20:20 | 15:35:52 | 05:51:06 | (2. M) | (1. M65) | LG Ultralauf |
| 3. | Christian Jakl | 140 | 272,58 | 47:49:07 | 00:20:29 | 13:47:58 | 04:56:30 | (3. M) | (2. M35) | LT Rennhamster Düsseldorf |
| 4. | Wolfgang Schwerk | 129 | 251,16 | 39:25:45 | 00:18:20 | 12:53:07 | 05:08:17 | (4. M) | (2. M65) | SCMT |
| 5. | Rainer Grossmann | 129 | 251,16 | 45:47:21 | 00:21:17 | 15:28:33 | 05:30:28 | (5. M) | (3. M65) | TV Haibach |
| 6. | Mario Schröer | 126 | 245,32 | 47:53:19 | 00:22:48 | 14:30:01 | 05:32:52 | (6. M) | (1. M45) | |
| 7. | Adrian Raczka-Buchwald | 126 | 245,32 | 47:53:35 | 00:22:48 | 16:37:06 | 04:39:38 | (7. M) | (1. M40) | TeamAdrianLaeuft |
| 8. | Jörg Diekmann | 125 | 243,37 | 47:45:51 | 00:22:55 | 17:05:46 | 05:52:56 | (8. M) | (1. M60) | Triathlonverein Fürstenwalde 1990 |
| 9. | Thomas Blumtritt | 125 | 243,37 | 47:56:11 | 00:23:00 | 14:03:22 | 04:58:57 | (9. M) | (1. M55) | LG Ultralauf |
| 10. | Jessica Gerritsen | 123 | 239,48 | 47:43:11 | 00:23:16 | 18:45:21 | 05:09:25 | (1. W) | (1. W40) | LiebesGrün Runningteam |
| 11. | Philip Alcantara | 123 | 239,48 | 47:58:46 | 00:23:24 | 15:01:18 | 05:36:10 | (10. M) | (2. M40) | |
| 12. | Gisela Vorstermanns | 122 | 237,53 | 47:43:09 | 00:23:28 | 14:56:21 | 05:30:19 | (2. W) | (1. W60) | LG Ultralauf |
| 13. | Marcel Bilek | 121 | 235,58 | 47:51:35 | 00:23:43 | 13:40:21 | 05:22:51 | (11. M) | (3. M35) | Trailrunning-Crew Thüringen / Lauffeuer Fröttstädt |
| 14. | Yvonne Schneider | 118 | 229,74 | 47:21:27 | 00:24:04 | 17:57:51 | 04:56:28 | (3. W) | (2. W40) | SuS Oberaden |
| 15. | Christiane Böhm | 117 | 227,79 | 47:43:26 | 00:24:28 | 13:47:16 | 05:34:09 | (4. W) | (1. W55) | TUS Rüppurr Lauftreff |
| 16. | Sebastian Krampe | 115 | 223,90 | 44:49:18 | 00:23:23 | 11:26:30 | 04:36:53 | (12. M) | (3. M40) | |
| 17. | Günter Zipplies | 113 | 220,01 | 45:09:36 | 00:23:58 | 15:35:39 | 05:57:19 | (13. M) | (1. M50) | EAT |
| 18. | Miriam Kudermann | 108 | 210,27 | 47:34:50 | 00:26:26 | 23:08:44 | 10:05:21 | (5. W) | (1. W45) | LG Ultralauf |
| 19. | David Bleidt | 108 | 210,27 | 47:46:19 | 00:26:32 | 16:46:26 | 05:34:37 | (14. M) | (4. M35) | LG Ultralauf |
| 20. | Sabine Kramer | 106 | 206,38 | 47:39:57 | 00:26:58 | 20:04:52 | 05:26:11 | (6. W) | (2. W55) | LG Ultralauf / Ski-Club Fretter |
| 21. | Manfred Kranz | 106 | 206,38 | 47:43:11 | 00:27:00 | 26:19:12 | 05:42:12 | (15. M) | (2. M55) | München |
| 22. | Gerd Kirschke | 104 | 202,48 | 46:37:55 | 00:26:54 | 16:47:07 | 05:51:59 | (16. M) | (4. M65) | LG Ultralauf |
| 23. | Thomas Behrens | 103 | 200,54 | 40:21:08 | 00:23:30 | 15:57:54 | 05:48:13 | (17. M) | (3. M55) | Ultrafriesen e.V. |
| 24. | Tanja Meimann | 103 | 200,54 | 42:53:12 | 00:24:58 | 14:27:55 | 05:08:53 | (7. W) | (1. W50) | Warendorfer SU |
| 25. | Heiko von der Ahé | 103 | 200,54 | 43:25:56 | 00:25:18 | 19:04:00 | 05:03:59 | (18. M) | (2. M50) | Shinsplinters Langenhagen / 100 MC / Hannover Runners |
| 26. | Dominik Münch | 103 | 200,54 | 44:49:52 | 00:26:06 | 18:57:38 | 06:05:26 | (19. M) | (5. M35) | |
| 27. | Tanja Knappmeier | 103 | 200,54 | 45:54:31 | 00:26:44 | 19:33:41 | 04:33:09 | (8. W) | (2. W45) | |
| 28. | Volker Greis | 103 | 200,54 | 47:07:57 | 00:27:27 | 19:40:56 | 05:21:01 | (20. M) | (3. M50) | LG Ultralauf |
| 29. | Ulrich Schilder | 100 | 194,70 | 46:58:16 | 00:28:10 | 19:15:36 | 05:50:58 | (21. M) | (5. M65) | DUV |
| 30. | Ute Karklis | 99 | 192,75 | 47:19:32 | 00:28:40 | 20:15:59 | 06:19:07 | (9. W) | (3. W55) | 100 Marathon Club / Teuto Run and Fun Bielefeld |
| 31. | Andreas Frank | 96 | 186,91 | 46:31:53 | 00:29:04 | 18:10:55 | 05:51:30 | (22. M) | (6. M65) | TSVE 1890 Bielefeld |

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM | Marathon | M/W | AK | Verein |
|-------|------------------------|--------|---------------|-----------------|----------|----------|----------|---------|----------|-------------------------------------|
| 32. | Walter Zimmermann | 95 | 184,96 | 47:36:28 | 00:30:04 | 22:31:11 | 09:15:12 | (23. M) | (1. M70) | Laufgemeinschaft Würzburg |
| 33. | Detlef Gräwe | 93 | 181,07 | 47:01:47 | 00:30:20 | 19:20:02 | 07:14:41 | (24. M) | (2. M70) | |
| 34. | Horst Seppelfricke | 91 | 177,17 | 46:58:15 | 00:30:58 | 17:37:59 | 06:18:59 | (10. W) | (3. W45) | Ne Wurst geht immer |
| 35. | Melanie Schulte | 89 | 173,28 | 47:43:27 | 00:32:10 | 23:35:12 | 06:19:08 | (11. W) | (4. W45) | TSV Niederelsungen |
| 36. | Kai Täuber | 86 | 167,44 | 46:43:12 | 00:32:35 | 22:25:21 | 07:05:18 | (25. M) | (2. M45) | Teacher Runs |
| 37. | Hauke Esemann | 84 | 163,54 | 47:09:27 | 00:33:40 | 26:43:41 | 12:10:23 | (26. M) | (4. M55) | LT Hemsbach |
| 38. | Günter Liegmann | 84 | 163,54 | 47:43:57 | 00:34:05 | 25:54:54 | 13:12:41 | (27. M) | (7. M65) | |
| 39. | Anke Gaskell | 83 | 161,60 | 39:17:35 | 00:28:24 | 18:48:27 | 07:03:14 | (12. W) | (2. W50) | |
| 40. | Ilka Büsing | 83 | 161,60 | 41:09:12 | 00:29:44 | 20:06:57 | 06:46:43 | (13. W) | (3. W50) | Ultrafriesen e.V. / 100MC |
| 41. | Anja Kirchner | 83 | 161,60 | 42:59:28 | 00:31:04 | 22:44:54 | 06:32:43 | (14. W) | (3. W40) | LG Nord Berlin Ultrateam |
| 42. | Gabriele Droste | 83 | 161,60 | 45:09:02 | 00:32:38 | 21:47:32 | 06:17:01 | (15. W) | (4. W55) | Lauf Team Unna |
| 43. | Chris von Minden | 83 | 161,60 | 45:31:28 | 00:32:54 | 24:45:45 | 08:21:47 | (28. M) | (1. M75) | |
| 44. | Anita Blekte-Zveire | 83 | 161,60 | 45:53:41 | 00:32:12 | 22:08:40 | 08:24:46 | (16. W) | (4. W50) | |
| 45. | Michael Schmitt | 83 | 161,60 | 47:17:06 | 00:34:10 | 27:00:31 | 07:26:26 | (29. M) | (4. M50) | LG Ultralauf / SC Fretter |
| 46. | Marko Erbdurth | 72 | 140,18 | 24:08:23 | 00:20:06 | 15:31:51 | 04:48:20 | (30. M) | (4. M40) | |
| 47. | Thomas-Teddy Weiss | 72 | 140,18 | 44:58:20 | 00:37:28 | 24:50:40 | 09:32:25 | (31. M) | (2. M60) | LT Hemsbach / 129 Jahre Tom und Nui |
| 48. | Sybille Ahrens | 72 | 140,18 | 46:48:19 | 00:39:00 | 31:16:22 | 09:56:07 | (17. W) | (2. W60) | |
| 49. | Patric Wurmbach | 71 | 138,23 | 44:47:09 | 00:37:50 | 26:54:24 | 09:08:03 | (32. M) | (5. M50) | |
| 50. | Jan-Philipp Struck | 69 | 134,34 | 27:53:07 | 00:24:14 | 15:38:19 | 06:26:32 | (33. M) | (1. M30) | Ballonathoni / Lauffreunde Bönen |
| 51. | Peter Brause | 67 | 130,44 | 47:20:03 | 00:42:23 | 41:04:28 | 16:00:22 | (34. M) | (1. M) | Ne Wurst geht immer |
| 52. | Bettina Esemann | 63 | 122,66 | 47:09:27 | 00:44:54 | 40:19:38 | 13:52:37 | (18. W) | (5. W55) | LT Hemsbach |
| 53. | Doreen Wolter-Gebhardt | 59 | 114,87 | 22:59:13 | 00:23:22 | 17:21:25 | 05:53:20 | (19. W) | (4. W40) | LSF-Unna-2000 |
| 54. | Michael Klein | 59 | 114,87 | 46:06:10 | 00:46:52 | 42:43:41 | 16:40:12 | (35. M) | (3. M70) | |
| 55. | Frank Sommerkamp | 53 | 103,19 | 42:31:05 | 00:48:07 | 41:04:27 | 14:04:27 | (36. M) | (6. M50) | LSF-Münster |
| 56. | Andreas Amberger | 52 | 101,24 | 41:50:04 | 00:48:16 | 41:49:58 | 13:43:17 | (37. M) | (5. M55) | Lauf Team Unna / MC 100 |
| 57. | Sarah Bergmeier | 33 | 64,25 | 20:34:51 | 00:37:24 | | 13:02:30 | (20. W) | (5. W40) | LSF-Unna-2000 |
| 58. | Dieter Brendemühl | 29 | 56,46 | 23:19:40 | 00:48:15 | | 15:02:33 | (38. M) | (1. M80) | LG-Ultralauf |
| 59. | Martin Traeder | 27 | 52,56 | 19:02:47 | 00:42:19 | | 16:32:20 | (39. M) | (2. M30) | 100 Marathon Club |
| 60. | Thorsten Huppert | 26 | 50,62 | 06:37:30 | 00:15:16 | | 05:20:35 | (40. M) | (6. M55) | SV Westfalia Rhynern / Ballonathoni |
| 61. | Norbert Sommer | 26 | 50,62 | 07:03:27 | 00:16:16 | | 05:38:54 | (41. M) | (7. M55) | TuS Altenberge 09 |
| 62. | Stefanie Mutmann | 7 | 13,62 | 47:48:52 | 06:49:48 | | | (21. W) | (5. W50) | Steinböckchen 111 |

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM | Marathon | M/W | AK | Verein |
|-----------------|-----------------------|--------|---------------|-----------------|----------|----------|----------|---------|----------|----------------------------|
| 24-Stunden-Lauf | | | | | | | | | | |
| 1. | Andreas Pluta | 84 | 163,54 | 22:32:36 | 00:16:06 | 12:39:51 | 04:42:03 | (1. M) | (1. M40) | LG Lotte/Halen, SC Halen |
| 2. | Mascha Rondhuis | 80 | 155,76 | 23:49:19 | 00:17:51 | 11:27:31 | 04:15:45 | (1. W) | (1. W40) | Loopgroep Nienoord |
| 3. | Eddi Diepenbrock | 78 | 151,86 | 23:31:01 | 00:18:05 | 13:18:26 | 05:12:03 | (2. M) | (1. M) | Northwood Runners |
| 4. | Nadja Badawi | 74 | 144,07 | 23:14:48 | 00:18:50 | 14:38:47 | 05:18:30 | (2. W) | (1. W50) | Stadt Bochum Team |
| 5. | Mario Luther | 70 | 136,29 | 23:35:30 | 00:20:13 | 16:29:22 | 05:50:28 | (3. M) | (1. M60) | LG Ultralauf |
| 6. | Bieke Kostrewa | 70 | 136,29 | 23:45:50 | 00:20:22 | 16:57:54 | 06:31:26 | (3. W) | (2. W50) | |
| 7. | Adam Fabian | 64 | 124,60 | 22:32:37 | 00:21:08 | 17:21:21 | 06:09:07 | (4. M) | (1. M45) | VfL Fröndenberg |
| 8. | Alexander Friedrich | 62 | 120,71 | 22:39:31 | 00:21:55 | 16:17:09 | 05:05:42 | (5. M) | (1. M30) | |
| 9. | Stefan Schulz | 58 | 112,92 | 23:35:08 | 00:24:23 | 19:46:03 | 06:01:14 | (6. M) | (1. M55) | |
| 10. | Markus Sembach | 57 | 110,97 | 21:54:55 | 00:23:04 | 18:44:26 | 07:14:18 | (7. M) | (2. M60) | Lauf Team Unna |
| 11. | Torsten Witte | 57 | 110,97 | 23:55:02 | 00:25:10 | 22:14:30 | 07:26:14 | (8. M) | (2. M40) | Team Camerone e.V. |
| 12. | Fabian Hesse | 55 | 107,08 | 22:39:31 | 00:24:43 | 18:46:26 | 06:37:05 | (9. M) | (2. M45) | Aktion Canchanabury |
| 13. | Christof Otto | 55 | 107,08 | 23:40:55 | 00:25:50 | 22:15:10 | 08:50:45 | (10. M) | (3. M60) | Waldstein Sonate |
| 14. | Andreas Giersberg | 52 | 101,24 | 15:14:06 | 00:17:34 | 15:14:04 | 05:14:26 | (11. M) | (2. M55) | FunVorRun Witten |
| 15. | Marc Schürmann | 52 | 101,24 | 17:55:44 | 00:20:41 | 17:55:38 | 06:25:05 | (12. M) | (1. M50) | |
| 16. | Janin Böttger | 52 | 101,24 | 21:20:38 | 00:24:37 | 21:20:35 | 07:39:09 | (4. W) | (1. W30) | Sus Oberaden |
| 17. | Markus Marszalek | 52 | 101,24 | 21:20:38 | 00:24:37 | 21:20:36 | 07:39:09 | (13. M) | (3. M55) | SuS Oberaden |
| 18. | Dirk Wittkowski | 52 | 101,24 | 22:48:02 | 00:26:18 | 22:47:59 | 07:03:19 | (14. M) | (4. M55) | SuS Oberaden |
| 19. | Marita Polat | 52 | 101,24 | 23:43:26 | 00:27:22 | 23:43:25 | 08:06:45 | (5. W) | (1. W60) | |
| 20. | Marco Rauber | 47 | 91,50 | 22:18:40 | 00:28:28 | | 07:31:17 | (15. M) | (2. M50) | |
| 21. | Burkhard Schrage | 43 | 83,72 | 10:33:54 | 00:14:44 | | 04:55:13 | (16. M) | (3. M45) | LAC Veltins Hochsauerland |
| 22. | Ilka Hendrichke | 42 | 81,77 | 22:48:02 | 00:32:34 | | 15:00:25 | (6. W) | (2. W40) | SuS Oberaden |
| 23. | Alba Wieczorek | 42 | 81,77 | 23:41:33 | 00:33:50 | | 08:24:44 | (7. W) | (1. W45) | Endorphinjunkies Dortmund |
| 24. | Tina Schürmann | 30 | 58,41 | 17:55:42 | 00:35:51 | | 09:23:56 | (8. W) | (1. W55) | |
| 25. | Christina Molzbichler | 24 | 46,72 | 06:52:17 | 00:17:10 | | 06:09:30 | (9. W) | (1. W) | |
| 26. | Ralf Führer | 18 | 35,04 | 04:31:01 | 00:15:03 | | | (17. M) | (5. M55) | LG Ultralauf/BSG JVA Essen |
| 27. | Sandra Malonek | 4 | 7,78 | 00:45:18 | 00:11:19 | | | (10. W) | (2. W45) | |

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM | Marathon | M/W | AK | Verein |
|-----------------|----------------------|--------|--------|-----------|----------|----------|----------|---------|----------|--|
| 12-Stunden-Lauf | | | | | | | | | | |
| 1. | Thorsten Themm | 58 | 112,92 | 11:52:59 | 00:12:17 | 10:20:17 | 04:00:12 | (1. M) | (1. M50) | ALG-VfL Bokel |
| 2. | Heiko Münster | 56 | 109,03 | 11:49:17 | 00:12:39 | 10:56:13 | 04:05:16 | (2. M) | (1. M45) | Laufftreff Lüdinghausen |
| 3. | Jens Uwe Brack | 53 | 103,19 | 11:45:28 | 00:13:18 | 11:31:45 | 04:46:24 | (3. M) | (1. M60) | LG Allgäu |
| 4. | Dorothee Serries | 51 | 99,29 | 11:54:16 | 00:14:00 | | 04:47:47 | (1. W) | (1. W50) | LG Mauerweg Berlin e.V. |
| 5. | Kerstin Conrad | 50 | 97,35 | 11:53:43 | 00:14:16 | | 04:52:04 | (2. W) | (2. W50) | LG Ultralauf |
| 6. | Matthias Müller | 49 | 95,40 | 11:49:49 | 00:14:29 | | 04:34:29 | (4. M) | (1. M30) | Heba Running Crew |
| 7. | Artur Mally | 49 | 95,40 | 11:54:19 | 00:14:34 | | 04:27:02 | (5. M) | (2. M50) | Hailes Erben |
| 8. | Detlef Korioth | 48 | 93,45 | 11:45:21 | 00:14:41 | | 04:39:35 | (6. M) | (1. M75) | LC92 Bad Salzuffen/100 MC |
| 9. | Melanie Ruppenthal | 46 | 89,56 | 11:52:46 | 00:15:29 | | 05:02:15 | (3. W) | (1. W30) | Laufteam Kassel |
| 10. | Marco Martinelli | 41 | 79,82 | 09:46:51 | 00:14:18 | | 04:36:30 | (7. M) | (2. M45) | Endorphinjunkies Dortmund |
| 11. | Michael Klasmeier | 41 | 79,82 | 10:41:59 | 00:15:39 | | 05:13:27 | (8. M) | (2. M60) | LG Burg Wiedenbrück |
| 12. | Michael Petry | 36 | 70,09 | 11:50:50 | 00:19:04 | | 06:37:48 | (9. M) | (1. M55) | LG Ultralauf /TEA |
| 13. | Uwe Thiesmann | 35 | 68,14 | 11:54:27 | 00:20:24 | | 06:39:13 | (10. M) | (2. M55) | Laufen gegen Leiden e. V. |
| 14. | Claudi Bönig | 34 | 66,19 | 11:47:26 | 00:20:48 | | 07:05:16 | (4. W) | (1. W55) | Lauf Team Unna |
| 15. | Dirk Kahlmeyer | 33 | 64,25 | 09:35:02 | 00:17:25 | | 04:58:50 | (11. M) | (3. M55) | 100 Marathon Club TV Georgsmarienhütte |
| 16. | Angela Strosny | 32 | 62,30 | 09:44:17 | 00:18:15 | | 05:12:24 | (5. W) | (2. W55) | |
| 17. | Marion Siepe | 32 | 62,30 | 11:51:28 | 00:22:13 | | 08:02:38 | (6. W) | (1. W45) | SC Hagen-Wildewiese |
| 18. | Sven Sommerhoff | 31 | 60,35 | 09:00:32 | 00:17:26 | | 04:55:22 | (12. M) | (4. M55) | TuS Oeventrop |
| 19. | Jesko Kohlstedt | 31 | 60,35 | 10:21:43 | 00:20:03 | | 06:41:50 | (13. M) | (1. M40) | FunVorRun |
| 20. | Klaus Müllendorff | 30 | 58,41 | 10:15:28 | 00:20:30 | | 07:16:57 | (14. M) | (1. M70) | |
| 21. | Anke Retzlik | 28 | 54,51 | 10:22:29 | 00:22:13 | | 07:08:36 | (7. W) | (3. W55) | FunVorRun Witten |
| 22. | Peter Hegemann | 27 | 52,56 | 07:27:22 | 00:16:34 | | 05:56:26 | (15. M) | (3. M45) | Marathon Steinfurt Nortwood Runners |
| 23. | Martin Kostrewa | 26 | 50,62 | 08:01:16 | 00:18:30 | | 06:34:45 | (16. M) | (3. M60) | |
| 24. | Anika Alcantara | 26 | 50,62 | 08:02:41 | 00:18:33 | | 06:46:50 | (8. W) | (1. W35) | |
| 25. | Cora Menge-Kohlstedt | 26 | 50,62 | 10:21:43 | 00:23:54 | | 08:28:16 | (9. W) | (1. W40) | FunVorRun |
| 26. | Jens Richter | 26 | 50,62 | 10:22:29 | 00:23:56 | | 08:40:26 | (17. M) | (5. M55) | LG Ultralauf |
| 27. | Hartwig Gaug | 26 | 50,62 | 11:20:40 | 00:26:10 | | 10:01:01 | (18. M) | (4. M45) | |
| 28. | Maria Reinecke | 24 | 46,72 | 07:21:25 | 00:18:23 | | 06:42:02 | (10. W) | (2. W35) | |
| 29. | Thorsten Buchholz | 22 | 42,83 | 06:55:12 | 00:18:52 | | 06:55:06 | (19. M) | (2. M40) | Lauffreunde Bönen |
| 30. | Martina Palz | 16 | 31,15 | 06:03:41 | 00:22:43 | | | (11. W) | (4. W55) | |
| 31. | Robert Goelzner | 16 | 31,15 | 06:32:05 | 00:24:29 | | | (20. M) | (5. M45) | Therapeutica |

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM Marathon | M/W | AK | Verein |
|-------|------------------|--------|------|-----------|----------|----------------|---------|----------|---------------------------|
| 32. | Tanja Baumeister | 3 | 5,84 | 01:17:46 | 00:25:53 | | (12. W) | (2. W45) | Laufen gegen Leiden e. V. |

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM | Marathon | M/W | AK | Verein |
|---------------------|--------------------|--------|--------------|-----------------|----------|----------|----------|-------------|-----------------------------|--------|
| 6-Stunden-Lauf (SA) | | | | | | | | | | |
| 1. | Jörn Künstner | 32 | 62,30 | 05:57:43 | 00:11:10 | 04:00:01 | (1. M) | (1. M50) | | |
| 2. | Paul van Hiel | 31 | 60,35 | 05:52:22 | 00:11:21 | 03:57:02 | (2. M) | (2. M50) | geklutst | |
| 3. | Berthold Sobbe | 30 | 58,41 | 05:55:23 | 00:11:50 | 04:12:47 | (3. M) | (1. M55) | SV Herbern | |
| 4. | Nicole Refke | 30 | 58,41 | 05:57:43 | 00:11:55 | 04:21:03 | (1. W) | (1. W50) | Laufen gegen Leiden | |
| 5. | Eva Bohlender | 28 | 54,51 | 05:48:02 | 00:12:25 | 04:30:58 | (2. W) | (1. W35) | Bolmke Läufer | |
| 6. | Petra Homann | 28 | 54,51 | 05:53:45 | 00:12:37 | 04:32:46 | (3. W) | (1. W45) | | |
| 7. | Sahir Butt | 28 | 54,51 | 05:53:51 | 00:12:38 | 04:34:49 | (4. M) | (1. M30) | Brauner Zucker SV | |
| 8. | Jürgen Hemesath | 28 | 54,51 | 05:55:35 | 00:12:41 | 04:26:44 | (5. M) | (3. M50) | LG Emsdetten | |
| 9. | Dirk Theisges | 27 | 52,56 | 05:41:28 | 00:12:38 | 04:34:08 | (6. M) | (2. M55) | TV Deilinghofen / 100 MC | |
| 10. | Milos Momcilovic | 27 | 52,56 | 05:45:11 | 00:12:47 | 04:36:18 | (7. M) | (1. M40) | BTG Feldberg & Sohn | |
| 11. | Klaus Hoff | 27 | 52,56 | 05:51:08 | 00:13:00 | 04:45:00 | (8. M) | (1. M60) | Marathon-Club Menden | |
| 12. | Michael Siethoff | 27 | 52,56 | 05:52:31 | 00:13:03 | 04:40:57 | (9. M) | (4. M50) | | |
| 13. | Nuri Asri | 26 | 50,62 | 05:50:35 | 00:13:28 | 04:50:13 | (10. M) | (1. M45) | LV Oelde | |
| 14. | Thomas Carl | 26 | 50,62 | 05:51:47 | 00:13:31 | 04:48:02 | (11. M) | (5. M50) | LLG St. Augustin | |
| 15. | Frese Caroline | 26 | 50,62 | 05:59:04 | 00:13:48 | 05:09:08 | (4. W) | (1. W) | Lauf Team Unna | |
| 16. | Uwe Rüping | 25 | 48,67 | 05:50:20 | 00:14:00 | 05:08:00 | (12. M) | (2. M60) | Lauf Team Unna | |
| 17. | Dirk Minnebusch | 25 | 48,67 | 05:55:25 | 00:14:12 | 05:07:23 | (13. M) | (6. M50) | LG Ultralauf | |
| 18. | Thorsten Machelett | 24 | 46,72 | 04:53:07 | 00:12:12 | 04:11:52 | (14. M) | (7. M50) | Kluti Running | |
| 19. | Matthias Kröling | 24 | 46,72 | 05:26:16 | 00:13:35 | 04:58:55 | (15. M) | (1. M35) | LG Ultralauf | |
| 20. | Ralf Girnus | 24 | 46,72 | 05:29:50 | 00:13:44 | 05:00:13 | (16. M) | (8. M50) | | |
| 21. | Hank Slowfoot | 24 | 46,72 | 05:42:42 | 00:14:16 | 05:11:45 | (17. M) | (3. M55) | RRC BremseBönen 08/15 | |
| 22. | Jennifer Kneer | 24 | 46,72 | 05:42:43 | 00:14:16 | 05:11:39 | (5. W) | (1. W40) | Lauffreunde Bönen 1985 e.V. | |
| 23. | Fabio Ritzer | 24 | 46,72 | 05:50:48 | 00:14:36 | 05:13:40 | (18. M) | (1. MJ U23) | | |
| 24. | Kleiböhmer Dietmar | 24 | 46,72 | 05:51:50 | 00:14:39 | 05:21:15 | (19. M) | (3. M60) | | |
| 25. | Agnes Matzeit | 24 | 46,72 | 05:54:11 | 00:14:45 | 05:20:57 | (6. W) | (1. W55) | Lauf Team Unna | |
| 26. | Maike Gurlitt | 24 | 46,72 | 05:54:11 | 00:14:45 | 05:21:03 | (7. W) | (2. W50) | Lauf Team Unna | |
| 27. | Ingmar Urich | 24 | 46,72 | 05:54:12 | 00:14:45 | 05:21:03 | (20. M) | (4. M60) | Lauf Team Unna | |
| 28. | Melanie Schiffke | 24 | 46,72 | 05:54:17 | 00:14:45 | 05:20:16 | (8. W) | (2. W40) | | |
| 29. | Arne Reimann | 24 | 46,72 | 05:54:38 | 00:14:46 | 05:25:52 | (21. M) | (2. M45) | LSF-Unna-2000 | |
| 30. | Ian Frankel | 23 | 44,78 | 05:35:55 | 00:14:35 | 05:14:31 | (22. M) | (4. M55) | | |
| 31. | Natascha Engmann | 23 | 44,78 | 05:53:12 | 00:15:21 | 05:33:42 | (9. W) | (3. W40) | Crazy Daisy | |

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM | Marathon | M/W | AK | Verein |
|-------|-------------------------|--------|-------|-----------|----------|----------|----------|-----------|----|-----------------------------|
| 32. | Fabian Disic | 23 | 44,78 | 05:55:02 | 00:15:26 | 05:39:37 | (23. M) | (2. M40) | | Marathon-Club Menden |
| 33. | Uwe Kowallek | 22 | 42,83 | 05:24:09 | 00:14:43 | 05:24:05 | (24. M) | (5. M60) | | Lauf Team Unna |
| 34. | Nicole Welzel | 22 | 42,83 | 05:45:32 | 00:15:42 | 05:45:26 | (10. W) | (2. W45) | | LSF-Unna-2000 |
| 35. | Martin Peifer | 22 | 42,83 | 05:47:17 | 00:15:46 | 05:47:11 | (25. M) | (3. M45) | | |
| 36. | Lars Kirsfelds | 22 | 42,83 | 05:53:31 | 00:16:03 | 05:53:27 | (26. M) | (9. M50) | | Promillejäger |
| 37. | Carsten Groh | 22 | 42,83 | 05:53:43 | 00:16:04 | 05:53:41 | (27. M) | (5. M55) | | |
| 38. | Manuela Groh | 22 | 42,83 | 05:53:44 | 00:16:04 | 05:53:41 | (11. W) | (2. W55) | | |
| 39. | Katharina Krähling | 22 | 42,83 | 05:55:11 | 00:16:08 | 05:55:03 | (12. W) | (4. W40) | | Lauffreunde Bönen |
| 40. | Ralph Dietz | 22 | 42,83 | 05:55:16 | 00:16:08 | 05:55:09 | (28. M) | (6. M60) | | DUV |
| 41. | Kai Köhling | 21 | 40,88 | 04:31:09 | 00:12:54 | | (29. M) | (3. M40) | | |
| 42. | Claudia Vonau | 21 | 40,88 | 04:58:56 | 00:14:13 | | (13. W) | (3. W45) | | PSV Bochum |
| 43. | Deborah Lyneel | 21 | 40,88 | 05:46:09 | 00:16:28 | | (14. W) | (3. W55) | | geklutst |
| 44. | Manuela Deutscher | 21 | 40,88 | 05:47:49 | 00:16:33 | | (15. W) | (1. W60) | | Ballonthoni |
| 45. | Gabriele Fliege | 21 | 40,88 | 05:51:54 | 00:16:45 | | (16. W) | (1. W70) | | SuS Oberaden |
| 46. | Julian Bartels | 20 | 38,94 | 04:29:24 | 00:13:28 | | (30. M) | (4. M40) | | Team Gruppenzwang |
| 47. | Laura Schuchmann | 20 | 38,94 | 05:29:58 | 00:16:29 | | (17. W) | (1. W30) | | |
| 48. | Duelberg Petra | 20 | 38,94 | 05:51:55 | 00:17:35 | | (18. W) | (4. W55) | | |
| 49. | Maria Mecklenburg | 20 | 38,94 | 05:58:17 | 00:17:54 | | (19. W) | (2. W60) | | |
| 50. | Mario Westers-Dieckmann | 19 | 36,99 | 05:28:58 | 00:17:18 | | (31. M) | (4. M45) | | LSF-Unna-2000 |
| 51. | Christian Filips | 19 | 36,99 | 05:49:53 | 00:18:24 | | (32. M) | (5. M45) | | |
| 52. | Daniel Werner | 18 | 35,04 | 04:50:55 | 00:16:09 | | (33. M) | (10. M50) | | Lauffreunde Bönen 1985 e.V. |
| 53. | Melanie Rother | 18 | 35,04 | 05:42:43 | 00:19:02 | | (20. W) | (3. W50) | | LSF-Unna-2000 |
| 54. | Linda Hövel | 18 | 35,04 | 05:42:43 | 00:19:01 | | (21. W) | (5. W40) | | Artiva Sports |
| 55. | Andreas Gutzeit | 17 | 33,09 | 04:05:12 | 00:14:25 | | (34. M) | (6. M55) | | Lauf Team Unna |
| 56. | Wittler | 17 | 33,09 | 05:46:38 | 00:20:23 | | (22. W) | (6. W40) | | LG Ultralauf |
| 57. | Sandra Schulz | 16 | 31,15 | 03:13:09 | 00:12:03 | | (23. W) | (4. W45) | | Team Camerone |
| 58. | Thomas Horsthemke | 16 | 31,15 | 03:56:46 | 00:14:47 | | (35. M) | (7. M55) | | LSF-Unna-2000 |
| 59. | Julia Hepke | 16 | 31,15 | 04:44:47 | 00:17:47 | | (24. W) | (4. W50) | | SV Teuto Riesenbeck |
| 60. | Knut Reinders | 15 | 29,20 | 03:50:48 | 00:15:22 | | (36. M) | (11. M50) | | Runnershigh |
| 61. | Heike Schilling | 15 | 29,20 | 04:36:39 | 00:14:26 | | (25. W) | (5. W55) | | |
| 62. | Christian Jeske | 13 | 25,31 | 03:44:59 | 00:17:17 | | (37. M) | (6. M45) | | |
| 63. | Udo Vierhaus | 12 | 23,36 | 02:53:17 | 00:13:57 | | (38. M) | (1. M65) | | Team 4haus |

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM | Marathon | M/W | AK | Verein |
|-------|----------------------|--------|--------------|-----------------|--------------------------|-------|----------|---------|-------------|------------------------------|
| 64. | Nadeem Iqbal | 12 | 23,36 | 03:05:25 | 00:15:26 | | | (39. M) | (5. M40) | Anchor Running Crew Duisburg |
| 65. | Luisa Malchrowicz | 11 | 21,41 | 02:31:43 | 00:13:46 | | | (26. W) | (2. W35) | BSG SpringorumBochum |
| 66. | Dennis Seebacher | 11 | 21,41 | 03:23:30 | 00:18:29 | | | (40. M) | (6. M40) | |
| 67. | Anke Seebacher | 11 | 21,41 | 03:45:21 | 00:20:28 | | | (27. W) | (5. W45) | LWT Do-Ost |
| 68. | Julian Windelschmidt | 10 | 19,47 | 01:56:11 | 00:10:43 | | | (41. M) | (1. MJ U20) | |
| 69. | Wolfgang Seebacher | 8 | 15,57 | 03:00:00 | 00:22:29 | | | (42. M) | (1. M75) | LWT Dortmund-Ost |

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM | Marathon | M/W | AK | Verein |
|---------------------|---------------------|--------|--------------|-----------|---|----------|----------|---------|----------|--|
| 6-Stunden-Lauf (SO) | | | | | | | | | | |
| 1. | René Strosny | 36 | 70,09 | 00:09:54 | | 03:38:49 | | (1. M) | (1. M50) | |
| 2. | Jordan Da Silva | 36 | 70,09 | 00:09:58 | | 03:24:09 | | (2. M) | (1. M30) | Cercle Athlétique Belvaux (Luxembourg) |
| 3. | Dirk Minnebusch | 30 | 58,41 | 00:11:49 | | 04:24:27 | | (3. M) | (2. M50) | LG Ultralauf |
| 4. | Dorothee Wiegand | 29 | 56,46 | 00:12:07 | | 04:33:04 | | (1. W) | (1. W40) | SuS Bertlich |
| 5. | Gerrit Schröter | 27 | 52,56 | 00:12:57 | | 04:36:25 | | (4. M) | (2. M30) | FunVorRun Witten |
| 6. | Tom Eller | 27 | 52,56 | 00:13:05 | | 04:43:16 | | (5. M) | (1.) | |
| 7. | Andreas Müller | 26 | 50,62 | 00:13:07 | | 04:33:17 | | (6. M) | (1. M40) | Rot-Weiß Unna |
| 8. | Nina Wolters | 26 | 50,62 | 00:13:25 | | 04:48:42 | | (2. W) | (1. W50) | |
| 9. | Uwe Rüping | 24 | 46,72 | 00:13:11 | | 04:48:21 | | (7. M) | (1. M60) | Lauf Team Unna |
| 10. | Christian Hahnen | 24 | 46,72 | 00:13:51 | | 05:03:21 | | (8. M) | (1. M55) | Lauf Team Unna |
| 11. | Ingmar Urich | 24 | 46,72 | 00:13:51 | | 05:03:20 | | (9. M) | (2. M60) | Lauf Team Unna |
| 12. | Birgit Jahn | 24 | 46,72 | 00:14:47 | | 05:21:39 | | (3. W) | (2. W50) | TC Kray 1892 e. V. |
| 13. | Jürgen Graeber | 23 | 44,78 | 00:12:31 | | 04:30:08 | | (10. M) | (1. M75) | SuS Oberaden |
| 14. | Frauke Schmauß | 23 | 44,78 | 00:14:52 | | 05:31:12 | | (4. W) | (1. W45) | |
| 15. | Matthias Schmauß | 23 | 44,78 | 00:14:52 | | 05:31:14 | | (11. M) | (1. M45) | -/- |
| 16. | Michael Rohrlack | 22 | 42,83 | 00:14:18 | | 05:14:43 | | (12. M) | (1. M65) | Stadt Bochum Team |
| 17. | Kevin Gläsel | 22 | 42,83 | 00:15:35 | | 05:43:09 | | (13. M) | (1. M) | |
| 18. | Mathusina Greis | 20 | 38,94 | 00:17:44 | | | | (5. W) | (1. W30) | |
| 19. | Anette Sembach | 19 | 36,99 | 00:18:33 | | | | (6. W) | (1. W60) | Lauf Team Unna |
| 20. | Iris Köppen | 18 | 35,04 | 00:18:54 | | | | (7. W) | (2. W60) | SuS Oberaden |
| 21. | Tobias Senne | 18 | 35,04 | 00:18:54 | | | | (14. M) | (2. M) | SuS Oberaden |
| 22. | Annegret Brigatt | 18 | 35,04 | 00:18:54 | | | | (8. W) | (1. W70) | SuS Oberaden |
| 23. | Antje Thielmann | 15 | 29,20 | 00:23:37 | | | | (9. W) | (2. W40) | Lauf Team Unna |
| 24. | Rosa Hirsch | 14 | 27,25 | 00:23:06 | | | | (10. W) | (2. W70) | team-4haus |
| 25. | Detlev Vierhaus | 14 | 27,25 | 00:23:06 | | | | (15. M) | (2. M65) | team-4haus |
| 26. | Jeanette Kenkel | 13 | 25,31 | 00:20:32 | | | | (11. W) | (1. W35) | Team Freya&DJ |
| 27. | Frederic Böer | 11 | 21,41 | 00:16:26 | | | | (16. M) | (3. M30) | |
| 28. | Mario Windelschmidt | 11 | 21,41 | 00:19:16 | | | | (17. M) | (2. M45) | Laufsportfreunde Unna |

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM | Marathon | M/W | AK | Verein |
|----------------|--------------------------|--------|--------------|-----------------|----------|-------|----------|---------|----------|--|
| 3-Stunden-Lauf | | | | | | | | | | |
| 1. | Jordan Da Silva Mendes | 19 | 36,99 | 02:50:05 | 00:08:57 | | | (1. M) | (1. M30) | Cercle Athlétique Belvaux (Luxembourg) |
| 2. | Sven Block | 18 | 35,04 | 02:57:09 | 00:09:50 | | | (2. M) | (1. M50) | LT Bittermark |
| 3. | Laurenz Strothmann | 16 | 31,15 | 02:57:17 | 00:11:04 | | | (3. M) | (2. M30) | |
| 4. | Angelika Kirchberg | 14 | 27,25 | 02:50:18 | 00:12:09 | | | (1. W) | (1. W55) | |
| 5. | Martin Hinzer | 14 | 27,25 | 02:51:26 | 00:12:14 | | | (4. M) | (2. M50) | Adler Langlauf |
| 6. | Peter Vorstermanns | 14 | 27,25 | 02:52:58 | 00:12:21 | | | (5. M) | (1. M60) | |
| 7. | Marietta Dieckmann | 14 | 27,25 | 02:54:01 | 00:12:25 | | | (2. W) | (2. W55) | Lippetaler Lauffreunde |
| 8. | Martin Koermeling | 14 | 27,25 | 02:54:35 | 00:12:27 | | | (6. M) | (3. M50) | runcademy Dortmund |
| 9. | Markus Hoke | 13 | 25,31 | 02:50:07 | 00:13:04 | | | (7. M) | (4. M50) | Sparkasse UnnaKamen |
| 10. | Melanie Michelius | 13 | 25,31 | 02:52:39 | 00:13:16 | | | (3. W) | (1. W45) | LSF-Unna-2000 |
| 11. | Anne-Katharina Otremba | 13 | 25,31 | 02:53:58 | 00:13:22 | | | (4. W) | (2. W45) | RunVorFun |
| 12. | Michael Brzuska | 13 | 25,31 | 02:53:58 | 00:13:22 | | | (8. M) | (1. M55) | FunVorRun Witten |
| 13. | Michael Wuennemann | 13 | 25,31 | 02:57:39 | 00:13:39 | | | (9. M) | (2. M55) | TriCity |
| 14. | Michael Schubert | 12 | 23,36 | 02:49:38 | 00:14:07 | | | (10. M) | (2. M60) | LSF-Unna-2000 |
| 15. | Sandra Möhleke | 12 | 23,36 | 02:49:39 | 00:14:07 | | | (5. W) | (1. W50) | LSF-Unna-2000 |
| 16. | Uli Schiffgen | 12 | 23,36 | 02:50:21 | 00:14:10 | | | (11. M) | (3. M55) | |
| 17. | Natascha Baum | 12 | 23,36 | 02:54:43 | 00:14:32 | | | (6. W) | (1. W40) | LG Ultralauf |
| 18. | Michael Krieger | 12 | 23,36 | 02:57:22 | 00:14:44 | | | (12. M) | (3. M60) | |
| 19. | Dirk Hagemann | 11 | 21,41 | 02:34:13 | 00:13:59 | | | (13. M) | (5. M50) | Team Camerone |
| 20. | Katja Schnell | 11 | 21,41 | 02:35:45 | 00:14:08 | | | (7. W) | (3. W45) | Laufhase |
| 21. | Richard Gaskell | 11 | 21,41 | 02:42:52 | 00:14:47 | | | (14. M) | (4. M55) | |
| 22. | Gesine Willer-Engelhardt | 11 | 21,41 | 02:46:02 | 00:15:05 | | | (8. W) | (3. W55) | Kinderkrebshilfe Münster |
| 23. | Gerd Willer | 11 | 21,41 | 02:46:05 | 00:15:05 | | | (15. M) | (5. M55) | Läuferherz Kinderkrebshilfe Münster |
| 24. | Katja Buchholz | 11 | 21,41 | 02:48:39 | 00:15:19 | | | (9. W) | (4. W45) | FunVorRun Witten |
| 25. | Nadine Bieletzki | 11 | 21,41 | 02:49:20 | 00:15:23 | | | (10. W) | (1. W35) | Lauffreunde Bönen |
| 26. | Diane Menke | 11 | 21,41 | 02:52:45 | 00:15:41 | | | (11. W) | (5. W45) | LSF-Unna-2000 |
| 27. | Christine Holtze | 11 | 21,41 | 02:52:45 | 00:15:41 | | | (12. W) | (1. W60) | LSF-Unna-2000 |
| 28. | Jorma Spohr | 11 | 21,41 | 02:52:51 | 00:15:41 | | | (16. M) | (1. M40) | |
| 29. | Peter Salzbrunn | 10 | 19,47 | 02:42:26 | 00:16:13 | | | (17. M) | (6. M50) | Lauf Team Unna |
| 30. | Ronald Peter | 10 | 19,47 | 02:49:53 | 00:16:58 | | | (18. M) | (4. M60) | Wupper-Walker |
| 31. | Katja Hoffert | 9 | 17,52 | 02:27:21 | 00:16:21 | | | (13. W) | (6. W45) | Laufgruppe Lippetal |

6-Stunden-Lauf LAUFEN GEGEN LEIDEN

| Platz | Teilnehmer | Runden | KM | off. Zeit | Ø | 100KM Marathon | M/W | AK | Verein |
|-------|--------------------|--------|-------|-----------|----------|----------------|---------|----------|-------------------------|
| 32. | Marcus Schnell | 9 | 17,52 | 02:35:45 | 00:17:17 | | (19. M) | (7. M50) | Laufhase |
| 33. | Monika Folkerts | 9 | 17,52 | 02:42:32 | 00:18:02 | | (14. W) | (2. W50) | SuS Oberaden |
| 34. | Stefanie Hinzer | 9 | 17,52 | 02:44:04 | 00:18:12 | | (15. W) | (3. W50) | Adler Langlauf |
| 35. | Edeltraud Selinski | 9 | 17,52 | 02:44:52 | 00:18:18 | | (16. W) | (1. W65) | LSF-Unna-2000 |
| 36. | Nicole Selter | 9 | 17,52 | 02:44:53 | 00:18:18 | | (17. W) | (4. W55) | LSF Unna 2000 e.V. |
| 37. | Wolf Lisa | 9 | 17,52 | 02:49:09 | 00:18:46 | | (18. W) | (2. W35) | |
| 38. | Esther Schwartz | 9 | 17,52 | 02:51:25 | 00:19:01 | | (19. W) | (1. W) | Brauner Zucker SV |
| 39. | Jerome Gibbins | 9 | 17,52 | 02:53:28 | 00:19:15 | | (20. M) | (1. M) | |
| 40. | Dorothee Wiegand | 9 | 17,52 | 02:54:20 | 00:19:21 | | (20. W) | (2. W40) | radiox |
| 41. | Theresa Kibbel | 9 | 17,52 | 02:54:20 | 00:19:21 | | (21. W) | (2. W) | radiox |
| 42. | Conny Reinders | 8 | 15,57 | 02:44:24 | 00:20:32 | | (22. W) | (4. W50) | Runnershigh Niederrhein |
| 43. | Peter Deifuß | 8 | 15,57 | 02:45:28 | 00:20:39 | | (21. M) | (5. M60) | LaufTeam Unna |
| 44. | Anna Schendekehl | 8 | 15,57 | 02:47:54 | 00:20:58 | | (23. W) | (1. W30) | radiox |
| 45. | Agnes Bödige | 8 | 15,57 | 02:47:56 | 00:20:58 | | (24. W) | (3. W40) | radiox |
| 46. | Mimi Neubauer | 8 | 15,57 | 02:53:28 | 00:21:40 | | (25. W) | (2. W30) | |
| 47. | Roger Baum | 7 | 13,62 | 02:00:17 | 00:17:09 | | (22. M) | (2. M40) | |
| 48. | Jörg Krohn | 7 | 13,62 | 02:06:16 | 00:18:01 | | (23. M) | (6. M55) | Breitensport Bottrop |
| 49. | Nicolette Scholz | 7 | 13,62 | 02:47:55 | 00:23:58 | | (26. W) | (7. W45) | radiox |
| 50. | Katharina Wiehoff | 7 | 13,62 | 02:47:56 | 00:23:57 | | (27. W) | (3. W35) | radiox |
| 51. | Andreas Milk | 6 | 11,68 | 01:12:02 | 00:11:58 | | (24. M) | (7. M55) | Lauf Team Unna |
| 52. | Sandra Saewe | 6 | 11,68 | 02:21:25 | 00:23:32 | | (28. W) | (4. W40) | radiox |
| 53. | Inge Seebacher | 5 | 9,73 | 02:00:01 | 00:23:58 | | (29. W) | (1. W75) | LWT Dortmund-Ost |

Anzahl Teilnehmer: 271

Genehmigungsnummer: 20V09000755100005